Carrot	Canned sweetcorn	Broccoli	Tomato
Lettuce	Canned tomatoes	Banana	Apple
Grapes	Chocolate	Jam	Biscuits

Chicken	Minced beef	Salmon	Eggs
Chick peas	Milk	Yogurt	Brie
Cheddar	Chapattis	Pitta bread	French stick

Potato	Noodles	Rice	Pasta
Brown bread	White bread	Butter	Sweets
Cottage cheese	Orange juice	Frozen peas	Crisps

Dried apricots	Bacon	Mushrooms	Cucumber
Stilton cheese	Lamb chops	Seeds	Nuts
Lentils	Bread roll	Breakfast cereals	Mussels